WHERE CAN YOU BE TRAINED?

A) PROFESSIONAL LEVEL
1. Kamuzu College of Nursing
   Private Bag 1 Lilongwe
2. Mzuzu University
   P.O Box 201 Mzuzu
3. Daeyang University
   P.O.Box 3033 Lilongwe
4. Malawi College of Health Sciences
   Private Bag 196 Blantyre

B) TECHNICIAN LEVEL
1. St. John’s Nursing College
   P.O. Box 18 Mzuzu
2. Malamulo College of Health Sciences
   P.O. Box 55 Makwasa
3. Ekwendeni College of Health Sciences
   P.O. Box 19 Ekwendeni
4. Trinity College of Health Sciences
   P.O Box 51917 Limbe
5. Malawi College of Health Sciences
   P.O. Box 122 Zomba
6. Nguludi Nursing College
   P.O. Box 5015 Limbe
7. Holy Family Nursing College
   P.O. Box 144 Phalombe
8. Mulanje Nursing College
   P.O. Box 45 Mulanje
9. Nkhoma Nursing College
   P.O Box 48 Nkhoma
10. St Lukes Nursing College
    P.O. Box 21 Chilema

Acknowledgements

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WHAT CAREER OPPORTUNITIES ARE THERE IN NURSING?

The profession is a very dynamic profession giving you various specialties at BSc, Master’s & PhD levels such as:

- Midwifery
- Nurse Clinician
- Nurse Education
- Theatre Nursing
- Nursing Research
- Paediatric Nursing
- Community Health Nursing
- Health Services Management
- Surgical & Intensive Care Nursing

IN NURSING WHAT BENEFITS ARE THERE FOR YOU?

- Job Security
- Personal Satisfaction
- Market related Salary
- Diverse Career Opportunities
- Scholarship & Professional Opportunities

HAVE YOU EVER IMAGINED WHAT NURSES & MIDWIVES DO?

Nursing is a rewarding profession to both the provider and care recipient. Nurse Midwives work as front line health care providers and form the core of the health care team in a hospital setting. The team comprise doctors, pharmacists, physiotherapists just to mention a few others. Nurse Midwives ensure 24 hour coverage in rendering patient care. Care provision is aided by use of basic and advanced technological equipment as is the case in intensive care unit. Preventive care is also rendered. In promoting and restoring human life, nurses broadly utilize five stages of the nursing process (Potter & Perry, 2005) to identify patient’s or client’s problems and provide appropriate care.

The level of care provided to patients depends on the severity of patients’ condition. Thus a patient can either totally depend on nurses or participate in the care to a certain extent. Nurses are there to ensure the provision of care by meeting patients’ physical, psychological and social needs within the nurse patient relationship based on scientific reasoning. Physical needs include; helping patients meet basic activities of daily living such as feeding, toileting & ambulating. They also render advanced care for example in the intensive care unit.

Nursing & midwifery is not just providing bedside care. It also involves leadership, research, community social work & educating future nurse midwives & the public. Thus nurses & midwives can work in Hospitals, Communities, Schools/Universities, Companies, & Non Governmental Organisations.

SOME CHALLENGES YOU MAY FACE HOWEVER

SUPPORT IS AVAILABLE IN FORM OF COUNSELLING

- The course demands hard work.
- Some student nurses may have difficulties adjusting to some procedures when performed on patients of the opposite sex.
- Inadequate male role models
- High competition to upgrade to professional level